## Good nutrition today means a stronger tomorrow!

## Building for the Future with CACFP



This program receives support from the Child and Adult Care Food Program to serve healthy meals to your children.

## Meals served here must meet the USDA's nutrition standards below.

Breakfast	Lunch and Supper	Snack
		(serve 2 from the 5 groups below)
Milk	Milk	Milk
Fruit and/or Vegetable	Meat or meat alternate	Meat or meat alternate
Grain	Fruit	Fruit
	Vegetable	Vegetable
	Grain	Grain

Children less than one year old: Foods in the infant meal pattern vary according to the infant's age. If your child is less than one year old, please request the infant meal pattern requirements from our center.

## **Questions? Concerns? Contact Us!**

Clubhouse Childcare Services LLC 10565 Northland Drive Big Rapids, MI 49307 (616) 557-6887 Child and Adult Care Food Program Michigan Department of Education PO Box 30008, Lansing, MI 48909 517-241-5353

Learn more about CACFP at USDA's website: <a href="https://www.fns.usda.gov/">https://www.fns.usda.gov/</a>

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